

September 7, 2024, [MYD Smart](#)

**[MYD SMART](#)**

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**ADDITIONAL INFORMATION**

**Age** 0-13 , 14-18 , 19-24 , 25-44 ,  
**Demographic** 45-59 , 60+  
**Audience** Female , Male  
**Demographic**

**Package Includes :**

21 X Radio spots  
10 x TV spots

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**Categories:** [99FM](#), [Non-Prime Time](#), [OmniChannel](#), [Radio](#)

**Tags:** [99fm](#), [master your destiny](#), [MYD](#), [namibia](#), [news](#), [positive radio](#), [radio](#), [smart](#)

**Package Includes :**

21 X Radio spots  
10 x TV spots

**PRODUCT DESCRIPTION**

**Mondays to Thursdays @ 14h30**

Learn to harness the incredible potential inside your head. Master Your Destiny SMART is about seeing yourself as a power house of strengths and skills, and finding ways to use your brain to live a life of purpose and satisfaction.

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**Topics Covered:**

- Psychology
- Neuroscience
- Mental Health

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**Audience Demographic**

Female , Male

